

# CUET 2026

## Self-Study

## Action Kit

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Your complete home-study companion for cracking  
CUET 2026 — without coaching.

- 01 Exam Pattern Quick Reference
- 02 6-Step Home Study Plan
- 03 Daily Timetable Templates
- 04 Weekly Progress Tracker
- 05 Mistakes Checklist & Free Resources
- 06 Motivation Anchor Page

Know the exam structure before you open a single book.

<b>MODE</b> <b>Computer Based (CBT)</b>	<b>DURATION</b> <b>45 Min per Section</b>	<b>MARKING</b> <b>+5 / -1 / 0</b>
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## Sections at a Glance

Section	What is Tested	Questions	Smart Tip
<b>Section IA/IB</b>	Languages (Hindi, English, Tamil...)	40–50 MCQs	<i>Build reading speed</i>
<b>Section II</b>	Domain Subjects (Physics, History...)	35–45 MCQs	<i>Master NCERT first</i>
<b>Section III</b>	General Test (Reasoning, GK, Maths)	60 MCQs	<i>Daily quiz practice</i>

## 3 Things Every Student Must Know

- You can attempt questions in any order within a section — use this to your advantage.
- Negative marking is real. Wrong answers cost you -1. Attempt smartly, not randomly.
- CUET is available in 13 languages. Always choose the language you think fastest in.

Follow these steps in order and you will never feel lost or overwhelmed.

01

## Understand the Exam Pattern

Study the syllabus first. Know sections, question types & marking scheme.

02

## Divide Subjects by Difficulty

Label every subject Easy / Moderate / Difficult. Give 60% time to weak areas.

03

## Build a Weekly Timetable

Create a realistic weekly routine with study time, mock tests, revision & breaks.

04

## Master NCERT First

For domain subjects, NCERT is gold. Read carefully and make short notes.

05

## Practice Mock Tests Regularly

Start topic-wise tests after every chapter. Always analyse your mistakes.

06

## Revise Short Notes Weekly

Make crisp notes while studying. Revise every weekend. This is your secret weapon.

### PRO TIP

Steps 5 & 6 — mock tests and revision — are where most students improve by 20–30%. Never treat them as optional. They ARE the strategy.

Pick the plan that fits your life — and stick to it every single day.

## For School Students

2–3 hrs/day • Balance boards + CUET

### Morning

6:30 – 7:30 AM

- Study 1 NCERT topic
- Make 5-point short notes

### Evening

5:30 – 6:30 PM

- Solve 20 MCQs on today's topic
- Circle wrong answers

### Night

9:00 – 9:30 PM

- Re-read morning notes
- Memorise 1 formula/fact

### Weekend

Sat or Sun

- Attempt 1 timed mock test
- Revise full week's notes

## For Droppers

5–6 hrs/day • Full-time CUET focus

### Session 1 — Concept

7:00 – 9:00 AM

- Hardest subject first
- NCERT + topic questions

### Session 2 — Practice

10:00 – 11:30 AM

- 40 MCQs (strictly timed)
- Analyse every mistake

### Session 3 — Lang/GT

2:00 – 3:00 PM

- Reading comprehension
- Reasoning / GK quiz

### Session 4 — Revision

5:00 – 6:30 PM

- Mock test analysis
- Update weak-topic log



Self-check every week · Bookmark these tools today.

## Common Self-Study Mistakes Checklist

- No timetable**  
Random studying creates confusion. Even a simple plan makes a huge difference.
- Skipping mock tests**  
Start mock tests early — one per week after finishing basic concepts.
- Too many study resources**  
Pick ONE source per subject. More books = more confusion, not better prep.
- No regular revision**  
Without revision, even studied topics fade. Make revision a daily habit.
- Passive reading only**  
Always follow reading with MCQ practice. Active learning sticks longer.
- Comparing with others**  
Track only your own improvement. Others' scores are irrelevant to your journey.

## Best Free Resources for CUET 2026

**NCERT Books**  
[ncert.nic.in](https://ncert.nic.in) — Download all Class 11 & 12 textbooks free of

**YouTube**  
Search 'CUET 2026 [Subject Name]' — use one channel

**NTA Official Site**  
[nta.ac.in](https://nta.ac.in) — Syllabus, official updates, and sample papers.

**Mock Test Sites**  
Embibe · Testbook · samarth.ac.in — free full-length mock

**Telegram Groups**  
Search 'CUET 2026 preparation' for notes, doubts & peer

**PYQ Papers**  
2022–2024 Previous Year Papers are your highest-priority

## MOTIVATION ANCHOR

# You Can Do This.

Thousands crack CUET without coaching every year. Your name can be next.

**Consistency > Intelligence**

The student who shows up every day wins — not the one born smart.

**Progress > Perfection**

A low mock score is fuel, not failure. Analyse and keep going.

**Clarity > Quantity**

3 focused hours beat 10 distracted ones. Study with a clear plan.

**Rest is Part of Preparation**

Sleep 7–8 hours. A rested brain absorbs and retains far better.

**Small Wins Build Big Results**

Finishing one chapter, 20 MCQs, revision notes — celebrate these.

**Believe in the process. Trust your effort.**

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